

## ERASMUS AND INTERNATIONAL STUDENTS

### GENERAL RULES

**Full compliance with existing preventive measures is the most effective tool we have to prevent the spreading of the Covid19 contagion.**

**Please wear the mask all the time not only in University buildings but also outdoor and also at home if you are with people that do not live with you. Wash your hand frequently and open the windows.**

### FIRST STEP: ENROLLING IN THE NATIONAL HEALTH SYSTEM

#### EU STUDENTS:

If holders of E106 / S1 forms, **students can (should) register with the Servizio Sanitario Regionale (SSR)**. The duration of the registration is equal to the duration of validity of the form and takes place with the choice of the GP (Medico di base) but without issuing the TEAM. In this way they get access to **basic services**. To enroll with ASL Toscana Centro they must contact: [ufficiostranieri.firenze@uslcentro.toscana.it](mailto:ufficiostranieri.firenze@uslcentro.toscana.it)

Alternatively, students can voluntarily enroll for study purposes by **paying € 149.77** and in this way have **health coverage equivalent to that of an Italian citizen**. For ASL Toscana Centro they must contact: [iscrizioni.volontarie@uslcentro.toscana.it](mailto:iscrizioni.volontarie@uslcentro.toscana.it) (or [iscrizioni.volontarie@asf.toscana.it](mailto:iscrizioni.volontarie@asf.toscana.it) )

If they do not fall within the 2 previous conditions, they can use the TEAM issued by their country to **receive all the treatments considered medically necessary and not deferrable** in relation to the duration of the stay, however temporary, and to the state of health. Such cases do not give the right to enroll in the SSR or to choose a GP.

**The TEAM card allows the citizen "assisted" by a member state of the EU, temporarily in another Member State, to have direct access to the health services of that country under the same conditions as the patients of that State and to receive all the necessary and non-medically deferrable services.** The guiding principle could be that of considering unnecessary and, therefore, non-payable, all those healthcare services that can normally be postponed without minimum risk for the patient until his return home from the temporary stay.

#### NON-EU STUDENTS:

They can voluntarily register for study purposes **by paying € 149.77** and in this way have health coverage equivalent to that of an Italian citizen. For ASL Toscana Centro they must contact: [iscrizioni.volontarie@uslcentro.toscana.it](mailto:iscrizioni.volontarie@uslcentro.toscana.it) (or [iscrizioni.volontarie@asf.toscana.it](mailto:iscrizioni.volontarie@asf.toscana.it) )

#### What to do if

**If COVID-19 symptoms appear** (fever above 37,5, cold, sore throat etc) If you have a GP, you should get in touch immediately with the GP (not going to the study, but calling or texting him/her). He/she will put you in touch with the ASL to do a swab test. If you do not have a GP, you should communicate immediately to the ASL Prevention Department (see [ASL Useful phone numbers](#) at the end of this document) and you should do a swab test. You should then wait for the result of the test being self isolated (and communicating to the School, especially if you have attended lectures in presence).

In case you **test positive to Covid.19** you should follow closely the instruction that you will be given by the ASL and the doctors. You should also communicate immediately the results of the test by writing an email to [segnalazioniCovidPos@unifi.it](mailto:segnalazioniCovidPos@unifi.it) For the moment you can send an email. Soon we'll translate the appropriate form.

Furthermore, the following isolation rules will apply (translated from the Circolare Ministero Salute 12/10/2020):

- Asymptomatic person: 10 days + negative test (molecular)
- Symptomatic person: 10 days from onset of symptoms (with the exception of smell blindness and ageusia/dysgeusia that may last longer) 3 of which with no symptoms + negative test (molecular)
- Long-term positive cases: individuals that have not had symptoms for at least one week (with the exception of smell blindness and ageusia/dysgeusia that may last longer) but still test positive may interrupt their isolation period after 21 days from onset of symptoms. This criterium may be modified by the health authorities in agreement with medical experts to take into consideration the immunological conditions of the person affected by the virus.

**In case you have been in contact with someone who tested positive** if you are considered at risk by the ASL you will be contacted by the ASL directly. If you are not considered "direct contact", you will not be contacted. We suggest however that you attend lectures on line for 14 days after the contact as an extra measure of contagion prevention. The best practices are:

- 14 days quarantine or
- 10 days quarantine + negative test on the 10th day (antigen or molecular)

**The University of Firenze strongly recommends to use the App Immuni to facilitate contact tracing. If you need help or have clarification questions, beside the Erasmus office of your school, you could also contact the multicultural tutors** by mail. They can help inform you about safety and health routines on campus.

#### **USEFUL PHONE NUMBERS**

<https://www.ars.toscana.it/2-articoli/4362-nuovo-coronavirus,-a-chi-rivolgersi-numeri-utili.html>

#### **ACRONYMS**

SSR Servizio Sanitario Regionale\_ Regional health system

Medico di base\_GP General practitioner

TEAM Tessera Europea di Assicurazione Malattia\_ European Health Insurance Card

ASL Toscana centro (Azienda Sanitaria Locale Toscana centro)\_Local Health Department Toscana centro.